



# HEALTHY VOLUNTEERS NEEDED FOR RESEARCH STUDY

### PURPOSE OF STUDY:

To understand the link between measures of resilience, sleep deprivation, and pain tolerance

**TITLE OF STUDY:** "Physiological and Personality Predictors of Resilience"

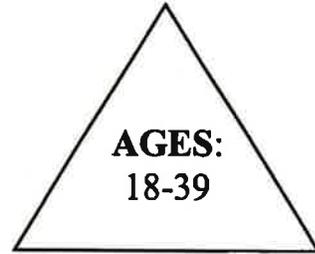
WRAIR  
IRB

WRAIR # 2015 Approval expires 9/1/2017  
Version V1 Signed HSPB

Earlier Versions Invalid

### REQUIRES:

- **2-hour** screening visit
- **Overnight** in lab screening visit
- **2-hour** lab visit
- **14 days (at home)** wearing a portable sleep monitoring device
- **7 overnights** in the lab
- **2 periods** requiring either **2 or 3 continuous days/nights** in the lab
- **40 hours** of sleep deprivation



### WHERE:

WRAIR Sleep Research Center  
503 Robert Grant Avenue  
Silver Spring, MD 20910

You must test negative for alcohol, nicotine, and drugs and not take certain prescription medicines (birth control allowed). Active duty military and federal personnel must be on leave status. Compensation will be provided.

# WRAIR

Walter Reed Army  
Institute of Research

Soldier Health • World Health

PRINCIPAL INVESTIGATOR:

Thomas J. Balkin, Ph.D.

## FOR INFORMATION

### CALL:

## (301) 319-9664



- WRAIR Resilience Study (301) 319-9664

Approved for Display  
Command Group