

HEALTHY VOLUNTEERS NEEDED FOR RESEARCH STUDY

PURPOSE OF STUDY:

To compare different existing tests and devices in their tracking of sleep loss and sleep loss related performance declines



REQUIRES:

- **2-hour** screening visit
- **2-hour** enrollment visit
- **13 days (at home)** wearing a wrist activity monitoring device and completing up to 6 reaction time tests (5 min each) a day on a smart phone
- **4 continuous days/nights** in the lab
- **62 hours** of sleep deprivation

Note: You must test negative for alcohol, nicotine, and drugs and not take any medications (birth control allowed). Active duty military and federal personnel must be on leave status for the in-lab phase of study. Compensation will be provided.

WHERE:

WRAIR Sleep Research Center
503 Robert Grant Avenue
Silver Spring, MD 20910

ALSO MUST BE:

- **AGE 18-39**
- **NON-SMOKER**

WRAIR

Walter Reed Army
Institute of Research
Soldier Health • World Health

PRINCIPAL INVESTIGATOR:
Tracy Jill Doty, Ph.D.

**FOR INFORMATION
CALL:
(301) 319-9287**



WRAIR IRB WRAIR # 2382 Approval expires 8 Feb 2018
Version V7 Signed HSPB

Earlier Versions Invalid

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PVT Validation Study

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