

Healthy Volunteers Needed for sleep research study!

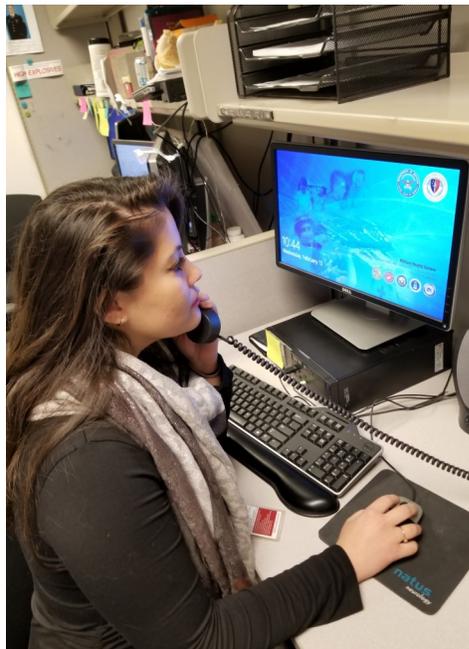
STUDY PURPOSE: To compare the effectiveness of two sleep inducing medications, suvorexant (Belsomra®) and zolpidem (Ambien®), in healthy volunteers

BASIC CRITERIA TO QUALIFY:

- ✓ Ages 18-39, non-smoker, in good health
- ✓ English must be your first language
- ✓ No current or history of sleep issues
- ✓ Test negative for alcohol, nicotine, and illegal drugs, and not take certain prescription medications (females: contraception required)
- ✓ Active duty military and federal personnel must be on leave status

REQUIREMENTS:

- 2-3 hour screening visit & 2-3 hour lab visit
 - 14 days (at home) wearing an activity monitoring device, and stool sample collection
 - 5 night & 4 days, & two half days in the lab
 - Take one of two study medications or a placebo
- Compensation: you could receive up to \$3,210.00



Study Location:
WRAIR
Sleep Research Center
503 Robert Grant Ave
Silver Spring, MD

Principal Investigator:
John Hughes, MD

WRAIR

Walter Reed Army
Institute of Research
Soldier Health • World Health

CALL: 301-319-9287

email: usarmy.detrick.medcom-wrair.mbx.sleep-research-center@mail.mil

